**COVID-19 is an infectious disease caused by a new coronavirus introduced to humans for the first time.**

**1.** Watch this short animation to learn more about COVID-19 and how to protect yourself against it:

 <https://youtu.be/1APwq1df6Mw?t=83>

 **2.** If you need more information, you may also have a look at the following:

 <https://youtu.be/BtN-goy9VOY>

**3.** I suggest this video, in Italian , but subtitled in English:

 <https://www.youtube.com/watch?v=a2gdztJU1zY>

**4.** (YOUNG REPORTERS-MONTENEGRO) <https://youtu.be/pfvh5Do6W3c>

**5.** **A QUIZ TO CHECK YOUR KNOWLEDGE:**

Fact or fiction: How much do you know about the coronavirus disease (COVID-19)?

*Knowing the facts is key to being properly prepared and protecting yourself and your loved ones.*

<https://www.unicef.org/coronavirus/fact-or-fiction-how-much-do-you-actually-know-about-coronavirus-covid-19>

# 6. Student in Beijing resumes study in her living room

*Online learning in the time of COVID-19*

<https://www.unicef.cn/en/what-we-do/unicef-emergencies/covid-19/student-beijing-resumes-study-her-living-room>

# 7. How teenagers can protect their mental health during coronavirus (COVID-19)

*6 strategies for teens facing a new (temporary) normal.*

By UNICEF

<https://www.unicef.org/coronavirus/how-teenagers-can-protect-their-mental-health-during-coronavirus-covid-19>